

TEXAS GULF COAST SKATE HOUSTON 2009 BASIC SKILLS & SPECIAL OLYMPIAN COMPETITION
March 28-29, 2009

Approved by the US Figure Skating Basic Skills Program

Sponsored by
THE TEXAS GULF COAST FIGURE SKATING CLUB

At
Sugar Land Ice & Sports Center, 16225 LEXINGTON BLVD., SUGARLAND, TEXAS 77479

Mission Statement: The purpose of the competition is to promote a FUN, introductory, competitive experience for the beginning skater.

RULES AND CONDUCT OF THE COMPETITION

The Texas Gulf Coast Skate Houston 2009 Basic Skills Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating as set forth in The 2009 Official USFSA Rulebook and the US Figure Skating Basic Skills Competition Manual, unless otherwise stated in the announcement. Skate Houston will be using the 6.0 system of judging to determine placement. All Basic 1-8 events will be held on Sunday, March 29, 2009. Freeskate 1-6 and Competitive Test Track events may be scheduled on Saturday and Sunday (March 28-29, 2009).

ELIGIBILITY

The competition is open to ALL skaters who are current eligible (E.R. 1.0) members of either the Basic Skills program and/or are full members of US Figure Skating. To be eligible members must have submitted a membership application or be a member in good standing. Members of other organizations are welcome to compete but must be registered with the host Basic Skills program/club or any other Basic Skills program/club. Eligibility will be based on skill level as of closing date of entries. **ALL SNOWPLOW SAM AND BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. Skaters in other events may skate at highest level passed or one level higher BUT NOT BOTH LEVELS in the same event during the same competition.** For the FreeSkate 1-6 levels, eligibility will be based upon highest free skate test passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, BUT not both levels in the same event during the same competition. Skaters must compete at highest level passed as of the designated closing date for entries, February 7th, 2009. Please note: If a skater competes at a non-qualifying Competition in a Well-Balanced Program track "Beginner or No Test" category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition. Age and Test requirements are set forth in the 2009 Official USFSA Rulebook. The age limit is 21 or older for Adult events.

ENTRIES / DEADLINE / REFUNDS

Competition entries must be postmarked by Saturday, February 7th, 2009. Metered mail is not considered as proof of postage. Late entries may be accepted at the discretion of the competition committee but must include a late fee of \$25. The competition committee reserves the right to limit entries or to cancel any event based upon time restrictions. No refund will be made after February 7th, 2009 unless no competition exists in the event. **ENTRY FORMS MUST BE FILLED OUT CLEARLY AND COMPLETELY and returned with a fee check made payable to Texas Gulf Coast Figure Skating Club.** There will be a \$25 processing fee for all withdrawals. There will be a \$25 service charge for all returned checks, and payment will then be required by money order or cash. Any entry form changes made after the closing date will be assessed a \$25 fee and must be approved by the competition referee.

EVENTS / FEES

The Texas Gulf Coast Skate Houston 2009 Basic Skills Competition and practice ice will be held on Sunday March 29th, 2009 (Freeskate 1-6 and Competitive Test Track events may be scheduled on Saturday and Sunday). **BASIC SKILLS EVENTS OFFERED ARE FREESKATE, ARTISTIC PROGRAM and COMPULSORY MOVES. The fee is \$30 per event.**

MAKE CHECKS PAYABLE TO: Texas Gulf Coast Figure Skating Club
MAIL ENTRY FORMS AND FEES TO: Texas Gulf Coast FSC, PO Box 17273, Sugar Land, TX 77496-7273
CLOSING DATE FOR ENTRIES: Saturday, February 7, 2009
ADDRESS INQUIRIES TO: Competition Chairpersons: Rene' Bloom E-mail: renebloom@ymail.com * 281-451-0168
or Roger Davis E-mail: rogerd@teamassociates.com * 713-826-7640.
(Please, no calls after 9:00 p.m. CST). All calls will be returned collect.

AWARDS

In all events medals will be given to the first, second, third and fourth placements, and ribbons will be given to fifth and sixth placements (each member of a team in team skating events will receive a medal/ribbon). Awards will be presented off-ice at the photographer's table after the results for the event are posted.

FACILITIES

The Skate Houston 2009 Basic Skills Competition will be held at the dual ice surface, Sugar Land Ice & Sports Center, 16225 Lexington Blvd., Sugar Land, TX 77479. Each surface is 200' x 85' with rounded corners. The complex contains a pro shop, restaurant, and locker rooms for changing skating outfits. It is a free standing facility and can be chilly. Please be prepared to dress accordingly.

REGISTRATION

The Registration Table will be located in the lobby of the Sugar Land Ice & Sports Center and will be open from 5:00 p.m. - 8:00 p.m. Thursday, March 27, 2009. On Friday, Saturday and Sunday, the registration table will open approximately one hour before the first competition event of the day and remain open until the completion of the final event of the day.

MUSIC

Regular sized CD's (**CD-R not CD-RW**) only will be used and must be clearly marked with the skater's name, event, and running time of the music. The official competition CD, recorded at an adequate volume, must be turned in at the Registration Table at the time of check-in. A duplicate CD will be needed for use during practice ice sessions and should be readily available at event time. CD's may be picked up at the Music Table following each event. Every reasonable care will be taken, but the Texas Gulf Coast Figure Skating Club cannot accept responsibility for CD's. An individual competition CD must be submitted for each event entered requiring music.

(N.B. CD's are easily damaged. If the Competition Music is in CD format it is recommended that a backup in tape format also be available).

PRACTICE ICE

A limited amount of practice ice will be available before and during the competition on Sunday, March 30th, 2009. **Basic Skills 1-8 will be on Sunday only.** Rates are \$9.00 per 20 minute session for Basic Skills and Special Olympian competitors. Professionals are allowed on the ice during Basic Skills and Special Olympian Practice Ice sessions only, and music will NOT be played on those sessions. Program music playing is not guaranteed and is not available for walk-on skaters. To reserve practice ice please indicate on the entry form and return it with payment by February 7th, 2009. If available additional 20 minute Practice ice sessions may be purchased on a first-come, first-served basis at the Practice Ice Table when you check, in at a rate of \$12.00 for Basic Skills and Special Olympian Competitors.

DVDs / PHOTOGRAPHS

DVD's, awards photographs, and action photographs will be available. A photographer will also be available to take individual photographs by appointment. Orders for DVDs, awards photographs, action photographs, and individual photographs may be placed at the video / photography tables. Hand-held personal video equipment for personal use only will be permitted in the bleacher areas only. Personal video equipment may not be plugged into arena outlets. Flash or artificial lighting is not allowed during the competition or practice sessions. **The competition committee reserves the right to restrict personal video taping to your skater's events only.**

SOUVENIRS / FLOWERS

Advance apparel order forms for Skate Houston 2009 merchandise will be available on the club website. Souvenirs, competition apparel, & flowers will be available for purchase during the competition.

PROGRAM ADVERTISEMENTS

A form is attached for placing advertisements in the Skate Houston competition. Don't forget to wish your skater or club good luck, or to thank a coach for all they've done!

OFFICIAL NOTICES

An official Skate Houston bulletin board will be maintained in the lobby of the Sugar Land Ice & Sports Center. Competitors and coaches are responsible for periodically checking the bulletin board for schedule changes, important announcements, and/or additional information. Competitors should report to the ice monitor approximately 45 minutes prior to their scheduled event time. Information will be posted on <http://www.texasgulfcoastfsc.org>.

LIABILITY

US Figure Skating, the Texas Gulf Coast Figure Skating Club, Officials of the Texas Gulf Coast Figure Skating Club, Competition Officials, and the Sugar Land Ice and Sports Center shall be held harmless from any loss, damage, and/or injury that may be sustained by anyone in any manner while participating in any activities of this competition. Your signature on the entry form will indicate your acceptance of this stipulation.

HOTELS

Please contact the competition chair via email if you require hotel information.

DIRECTIONS TO RINK: Sugar Land Ice and Sports Center, 16225 Lexington Blvd, Sugar Land, TX 77479

From The Woodlands go south on I45, take the Sam Houston Tollway/Beltway 8 westbound and remain on it until you reach I-59. Merge onto I59 South signposted for Victoria. Go 5.7 miles and take the TX-6 exit and turn left onto TX-6 S. Go 0.6 miles and Turn right onto Lexington Blvd. The SLISC complex will be on your left in about 0.2 miles and you will need to make a u-turn before Austin Parkway.

From San Antonio take Interstate10 eastbound, take exit- number 743 and turn south onto TX-99 Grand Parkway for 15.3 miles. Turn left onto US-90 ALT E for 2.1 miles. Turn slight right onto Tx-6 S. Go 2.2 miles under I-59. Turn right onto Lexington Blvd. The SLISC complex will be on your left in 0.2 miles and you will need to make a U turn.

BASIC SKILLS COMPETITION EVENTS

ELEMENTS EVENT – Snowplow Sam (Tots) – Basic 8 Levels

- To be skated on ½ ice
- No music
- All elements must be skated in the order listed
- Time: 1:00 or less
- Each skater will have the option to perform all elements in order without direction OR will perform the next element when directed by a judge or referee.
- Eligibility will be based on skill level as of closing date of entries. ALL SNOWPLOW SAM AND BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

REQUIRED ELEMENTS:

Snowplow Sam (Tots)	March followed by a two-foot glide and dip, Forward two-foot swizzles 2-3 in a row, Forward snowplow stop, Backward wiggles 2-6 in a row
Basic 1	Forward two-foot glide, Forward two-foot swizzles 6-8 in a row, Forward snowplow stop, Backward wiggles 6-8 in a row
Basic 2	Forward one-foot glide – either foot, Forward alternating 1/2 swizzle pumps, in a straight line – across width of ice, Two-foot turn in place – forward to backward, Backward two-foot swizzles 6-8 in a row, Moving snowplow stop
Basic 3	Forward stroking, Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive, Moving forward to backward two-foot turn – either direction, Backward one-foot glide – either foot, Two-foot spin
Basic 4	Forward outside 3-turn – R and L from a standstill, Forward outside edge on a circle- clockwise or counterclockwise, Forward crossovers 6-8 consecutive – both directions, Backward stroking, Backward snowplow stop – R or L
Basic 5	Backward outside edge on a circle – clockwise or counterclockwise, Backward crossovers 6-8 consecutive – both directions, One-foot spin – minimum of 3 revolutions, Hockey stop, Side toe hop – either direction
Basic 6	Forward inside 3-turn – R & L from a standstill, Bunny Hop, Forward spiral on a straight line – R or L, Lunge – R or L, T-stop – R or L
Basic 7	Forward inside open Mohawk – R to L and L to R, Ballet Jump – either direction, Back crossovers to a back outside edge landing position - clockwise and counterclockwise, Forward inside pivot
Basic 8	Moving forward outside or forward inside three-turns – R and L, Waltz jump, Mazurka – either direction, Combination move – clockwise or counterclockwise (two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge), Beginning one-foot upright spin - optional free foot position

BASIC PROGRAMS (SNOWPLOW SAM – BASIC 1-8) – with music

- The skating order of the required elements is optional
- The elements are not restricted as to number of times element is executed, or length of glides, number of revolutions in a spin etc., unless otherwise stated
- May use vocal music
- May use elements from a previous level. A .2 deduction will be taken if elements from a higher level are skated
- Time is 1 minute +/- 10 sec., to be skated on full ice
- Skaters will be judged on Technical Merit and Presentation.
- Eligibility will be based on skill level as of closing date of entries. ALL SNOWPLOW SAM AND BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

Required Elements:

Snowplow Sam (Tots)	March followed by a two-foot glide and dip, Forward two-foot swizzles 2-3 in a row, Forward snowplow stop, Backward wiggles 2-6 in a row
Basic 1	Forward two-foot glide, Forward two-foot swizzles 6-8 in a row, Forward snowplow stop, Backward wiggles 6-8 in a row
Basic 2	Forward one-foot glide – either foot, Forward alternating 1/2 swizzle pumps, in a straight line – across width of ice, Two-foot turn in place – forward to backward, Backward two-foot swizzles 6-8 in a row, Moving snowplow stop
Basic 3	Forward stroking, Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive, Moving forward to backward two-foot turn – either direction, Backward one-foot glide – either foot, Two-foot spin
Basic 4	Forward outside 3-turn – R and L from a standstill, Forward outside edge on a circle- clockwise or counterclockwise, Forward crossovers 6-8 consecutive – both directions, Backward stroking, Backward snowplow stop – R or L
Basic 5	Backward outside edge on a circle – clockwise or counterclockwise, Backward crossovers 6-8 consecutive – both directions, One-foot spin – minimum of 3 revolutions, Hockey stop, Side toe hop – either direction
Basic 6	Forward inside 3-turn – R & L from a standstill, Bunny Hop, Forward spiral on a straight line – R or L, Lunge – R or L, T-stop – R or L
Basic 7	Forward inside open Mohawk – R to L and L to R, Ballet Jump – either direction, Back crossovers to a back outside edge landing position - clockwise and counterclockwise, Forward inside pivot
Basic 8	Moving forward outside or forward inside three-turns – R and L, Waltz jump, Mazurka – either direction, Combination move – clockwise or counterclockwise (two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge), Beginning one-foot upright spin - optional free foot position

FREESKATE COMPULSORY PROGRAMS – Required Elements

- **The skater must demonstrate the required elements and may use any additional elements from previous levels**
- The skating order of the elements is optional (elements may be repeated)
- To be skated on half ice – no music
- In program form using a limited number of connecting steps
- Time: 1.00 or less
- A .2 deduction will be taken if elements from a higher level are performed
- Eligibility will be based on skill level as of closing date of entries. Skaters may skate at highest level passed or one level higher but not both levels in the same event during the same competition and may have passed pre-preliminary MIF but no other official U.S. Figure Skating tests.

Level	Required Elements	Time
Freeskate 1	Advanced forward stroking – 4 – 6 consecutive strokes; Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside edges; Scratch spin from backward crossovers; Waltz jump from backward crossovers; Half flip	1 min
Freeskate 2	Forward outside spiral – R or L, and a forward inside spiral – R or L; Waltz Three's – R or L;; Beginning back spin- entry optional; Waltz jump, side toe hop, waltz jump series; Toe loop jump	1 min
Freeskate 3	Forward crossovers in a figure 8; Advanced forward outside swing rolls – 4-6 consecutive; Back spin; Salchow jump; Waltz jump/toe loop or Salchow/toe loop	1 min
Freeskate 4	Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise; Forward power 3's, 2-3 consecutive sets, - R or L; Sit Spin; Loop jump; Waltz jump/loop jump	1 min
Freeskate 5	Spiral Sequence, FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral; Camel spin; Forward upright spin to back upright spin; Loop/loop jump; Flip jump	1 min
Freeskate 6	Five step Mohawk sequence – 1 set alternating pattern (refer to Basic Skills Curriculum Free Skate 6); Camel, sit spin combination – minimum of 4 revolutions total; Split jump or stag jump; Waltz jump/ ½ loop/ salchow combination; Lutz jump	1 min

FREESKATE PROGRAM 1-6 – with music

- The skating order of the elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc., unless otherwise stated.
- **Vocal music is not allowed.**
- **The skater must demonstrate the required elements and may use, but is not required to use any additional elements from previous levels.**
- A .2 deduction will be taken for each element performed from a higher level
- Groups will be divided by age
- Program duration 1:30 +/- 10 sec. To be skated on full ice.
- Eligibility will be based on skill level as of closing date of entries. Skaters may skate at highest level passed or one level higher but not both levels in the same event during the same competition and may have passed pre-preliminary MIF but no other official U.S. Figure Skating tests.

Level	Required Elements
Freeskate 1	Advanced forward stroking – 4 – 6 consecutive strokes; Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside edges; Scratch spin from backward crossovers; Waltz jump from backward crossovers; Half flip
Freeskate 2	Forward outside spiral – R or L, and a forward inside spiral – R or L; Waltz Three's – R or L;; Beginning back spin- entry optional; Waltz jump, side toe hop, waltz jump series; Toe loop jump
Freeskate 3	Forward crossovers in a figure 8; Advanced forward outside swing rolls – 4-6 consecutive; Back spin; Salchow jump; Waltz jump/toe loop or Salchow/toe loop
Freeskate 4	Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise; Forward power 3's, 2-3 consecutive sets, - R or L; Sit Spin; Loop jump; Waltz jump/loop jump
Freeskate 5	Spiral Sequence, FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral; Camel spin; Forward upright spin to back upright spin; Loop/loop jump; Flip jump
Freeskate 6	Five step Mohawk sequence – 1 set alternating pattern (refer to Basic Skills Curriculum Free Skate 6); Camel, sit spin combination – minimum of 4 revolutions total; Split jump or stag jump; Waltz jump/ ½ loop/ salchow combination; Lutz jump

FREESKATE ARTISTIC PROGRAM 1-6 – with music

- Groups will be divided by age and level as closely as possible
- Program duration 1:30 +/- 10 sec
- Skated on full ice and vocal music is permitted
- Costumes may be of any type as long as they fit the music and are not a safety hazard. Only hand held props are allowed. No props allowed during warm up.
- Judging will be based upon the skater's creativeness and artistic interpretation. Depending upon availability, a minority of the judging panel may be from the Arts (Dance, Music, Acting, etc).
- See Freeskate for eligibility and test requirements. Snowplow Sam and Basic 1-8 may NOT enter this event.

Compulsory Event

In program form, using a limited number of connecting steps, the skating order of the required elements is optional. Skated on ½ ice. The skater must demonstrated the required elements and may use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level. Skaters may have the option to skate one level higher in compulsories than their free skate program. No music is allowed.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Waltz Jump; ½ jump of choice; Forward two foot or one foot spin (free leg position optional); Forward or backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:00
Beginner	Toe loop jump; Salchow jump; Forward scratch spin; Forward or backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:00

NEW COMPETITIVE TEST TRACK

FREE SKATING QUALIFICATIONS AND PROGRAM REQUIREMENTS

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice. 6.0 judges will be used. **Skaters will be grouped only by age and not by level.**

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description
- 0.2 from the technical mark for each extra or lacking element
- 0.1 for any spin with less than required revolutions

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Two upright spins, no change of foot (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Two uprights spins, change of foot options (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and Toe Loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10

Adult Events

The basic programs are skated on ½ ice without music; the free skating is on full ice with music. Vocal music is not allowed. The elements are not restricted as to the number of times element is executed or length of glides, number of revolutions etc. unless otherwise stated. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level. Male and female competitors can be combined at the discretion of the referee if entries are not sufficient to create separate events. Time is 1:00 +/- 10 seconds for basic programs and 1:30 +/- 10 seconds for free skating.

LEVEL	ELEMENTS	PROGRAM LENGTH
Adult 1	<ol style="list-style-type: none"> 1. Forward Swizzles 4-6 in a row 2. Backward Swizzles 4-6 in a row 3. Forward 1-foot glide R & L 4. Two foot turn in place 5. Snowplow stop 	Elements 1:00 +/- 10 seconds Free Skating 1:30 +/- 10 seconds
Adult 2	<ol style="list-style-type: none"> 1. Forward Crossovers, clockwise & counter clockwise 2. Moving 2-foot turn on a curve both directions 3. Backward 1-foot glide R & L 4. Forward Pivot 	Elements 1:00 +/- 10 seconds Free Skating 1:30 +/- 10 seconds
Adult 3	<ol style="list-style-type: none"> 1. Inside Mohawk in either direction 2. Backward crossovers, clockwise & counter clockwise 3. Basic forward outside & forward inside edges- 4 of each 4. Two-foot spin – entry optional 5. Snowplow stop 	Elements 1:00 +/- 10 seconds Free Skating 1:30 +/- 10 seconds
Adult 4	<ol style="list-style-type: none"> 1. Forward Outside 3-turns R & L 2. Forward Inside 3-turns R & L 3. Perimeter stroking with crossover end pattern 4. Power 3-turns one direction only, set of 3 	Elements 1:00 +/- 10 seconds Free Skating 1:30 +/- 10 seconds

SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

<p>Badge 1</p> <ul style="list-style-type: none"> A. Stand unassisted for five seconds B. Fall and stand up unassisted C. Knee dip standing still unassisted D. March forward ten steps assisted 	<p>Badge 7</p> <ul style="list-style-type: none"> A. Backward stroking across the rink B. Gliding backward to forward two foot turn C. T-stop left of right D. Forward two foot turn on a circle: L & R
<p>Badge 2</p> <ul style="list-style-type: none"> A. March forward ten steps unassisted B. Swizzles, standing still: three repetitions C. Backward wiggle or march assisted D. Two foot glide forward for distance of at least length of body 	<p>Badge 8</p> <ul style="list-style-type: none"> A. Five consecutive forward crossovers: L & R B. Forward outside edge: L & R C. Five consecutive backward ½ swizzles on a circle: L & R
<p>Badge 3</p> <ul style="list-style-type: none"> A. Backward wiggle or march B. Five forward swizzles covering at least ten feet C. Forward skating across the rink D. Forward gliding dip covering at least length of body: L & R 	<p>Badge 9</p> <ul style="list-style-type: none"> A. Forward outside three turn: L & R B. Forward inside edge: L & R C. Forward lunge or shoot the duck at any depth D. Bunny hop
<p>Badge 4</p> <ul style="list-style-type: none"> A. Backward two foot glide covering at least length of body B. Two foot jump in place D. Forward one foot glide covering at least length of body: L & R 	<p>Badge 10</p> <ul style="list-style-type: none"> A. Forward inside three turn: L & R B. Five consecutive backward crossovers: L & R C. Hockey stop D. Forward spiral three times length of body
<p>Badge 5</p> <ul style="list-style-type: none"> A. Forward stroking across rink B. Five backward swizzles covering at least ten feet C. Forward two foot curves left and right across Rink D. Two foot curves left and right across rink 	<p>Badge 11</p> <ul style="list-style-type: none"> A. Consecutive forward outside edges: minimum of two on each foot B. Consecutive forward inside edges: minimum of two on each foot D. Consecutive backward outside edges: minimum of two on each foot E. Consecutive backward inside edges; minimum of two
<p>Badge 6</p> <ul style="list-style-type: none"> A. Gliding forward to backward two foot turn B. Five consecutive forward one foot swizzles on circle: L & R C. Backward one foot glide length of body: L & R D. Forward pivot 	<p>Badge 12</p> <ul style="list-style-type: none"> A. Waltz jump B. One foot spin: minimum of three revolutions C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise D. Combination of three moves chosen from badges 9-12

SKATE HOUSTON 2009 SPECIAL OLYMPIAN COMPETITION EVENTS

SPECIAL OLYMPIAN FREE SKATE			
All free skate events are performed with music of the skater's choice on full ice surface. Vocal music is allowed.			
EVENT	LEVEL	REQUIREMENTS	TIME
1.	Level 1	Program as per Special Olympic level one requirement.	1 min
2.	Level 2	Program as per Special Olympic level two requirements.	1½ min
3.	Level 3	Program as per Special Olympic level three requirements.	2 min
4.	Level 4	Program as per Special Olympic level four requirements.	2 min
5.	Level 5	Program as per Special Olympic level five requirements.	2½ min

SPECIAL OLYMPIAN ARTISTIC			
All Artistic events are performed with music (vocal music allowed) on full ice surface. Costumes may be of any type as long as they fit the music and are not a safety hazard. Props, if used, must be hand held at all times. Judging will be based on entertainment value as well as on originality, creativity, musical interpretation and artistic expression. <u>No props allowed during warm-up.</u>			
EVENT	LEVEL	REQUIREMENTS	TIME
6.	Level 1	Program as per Special Olympic level one requirements.	1 min
7.	Level 2	Program as per Special Olympic level two requirements.	1 min
8.	Level 3	Program as per Special Olympic level three requirements.	1 min
9.	Level 4	Program as per Special Olympic level four requirements.	1½ min
10.	Level 5	Program as per Special Olympic level five requirements.	1½ min
11.	Pairs		2 min

SPECIAL OLYMPIAN COMPULSORY MOVES			
All compulsory moves events are performed without music on 1/2 ice surface. Required elements must be skated in the order listed. Each skater has only one attempt to complete each element. Times listed are maximum times.			
EVENT	LEVEL	REQUIRED ELEMENTS	TIME
12.	Level 1	1) Forward swizzles for a distance of 10 meters; 2) Backward swizzles for a distance of 10 meters. 3) One-foot snow plow stop.	1 min
13.	Level 2	1) Forward stroking; 2) Forward to backward turn; 3) Backward stroking; 4) Backward to forward turn; 5) Forward stroking; 6) T-Stop.	1 min
14.	Level 3	1) Forward outside edges; 2) Forward inside edges; 3) Forward outside three-turn on the right foot; 4) Forward outside three-turn on the left foot.	1 min
15.	Level 4	1) Back outside edges; 2) Backward inside edges; 3) Forward crossovers; 4) Inside Mohawk; 5) Backward crossover, step forward, repeated two times, left and right foot; 6) Waltz through step sequence	1 min
16.	Level 5	1) LBO 3-LF1 Mohawk (repeat); 2) RBO 3-RF1 Mohawk (repeat); 3) RFOI change edge - LFI 3; 4) RFIO change edge - LFO 3; 5) LFOI change edge - RFI 3; 6) LFIO change edge - RFO 3	1 min

SPECIAL OLYMPIAN SOLO DANCE			
Test level, according to the Special Olympics Winter Rules for Figure Skating, will be determined at close of entries. Skaters may skate at their current level or one level higher".			
EVENT	LEVEL	DANCE / DANCE REQUIREMENTS	# PATTERNS
17.	Level 1	Canasta Tango – All Level 1 compulsory dances will be skated to music.	2 patterns
18.	Level 2	Cha Cha – All Level 2 compulsory dances will be skated to music.	2 patterns
19.	Level 3	Hickory Hoedown – All level 3 compulsory dances will be skated to music.	2 patterns
20.	Level 4	Fourteen Setp – All level 4 compulsory dances will be skated to music.	2 patterns

TEXAS GULF COAST Skate Houston 2009 BASIC SKILLS COMPETITION ENTRY FORM

Name: _____ Age: _____ Sex: _____ Birth date: ____/____/____

Address: _____ City: _____ State: _____ Zip: _____

Area Code/Phone # _____ E-mail Address _____

U.S. Figure Skating Number _____ Home Club _____

Program Affiliation _____ Current Skating Level _____

Last U.S. Figure Skating Level Passed _____

Coach's name/ Phone # _____ Coach's E-mail _____

Highest test passed: Freeskate _____ MIF _____ Pairs _____ Dance _____ Basic Skills _____ ISI _____ Special Olympian _____

Please check and circle the events you are entering. Please read carefully the eligibility requirements in announcement.

Basic Elements: (Check one only)

_____ Snowplow Sam
 _____ Basic 1 _____ Basic 2
 _____ Basic 3 _____ Basic 4
 _____ Basic 5 _____ Basic 6
 _____ Basic 7 _____ Basic 8

Basic Program – with music: (Check one only)

_____ Snowplow Sam
 _____ Basic 1 _____ Basic 2
 _____ Basic 3 _____ Basic 4
 _____ Basic 5 _____ Basic 6
 _____ Basic 7 _____ Basic 8

Freeskate Compulsories:

_____ Freeskate 1
 _____ Freeskate 2
 _____ Freeskate 3
 _____ Freeskate 4
 _____ Freeskate 5
 _____ Freeskate 6

Freeskate Program:

_____ Freeskate 1
 _____ Freeskate 2
 _____ Freeskate 3
 _____ Freeskate 4
 _____ Freeskate 5
 _____ Freeskate 6

Freeskate Artistic:

_____ Freeskate 1 _____ Freeskate 4
 _____ Freeskate 2 _____ Freeskate 5
 _____ Freeskate 3 _____ Freeskate 6

Practice Ice:

_____ 1 Basic Skills Practice Ice Session
 Would you like extra practice ice if available? **Yes/No**

Adult Compulsories:

_____ Adult 1
 _____ Adult 2
 _____ Adult 3
 _____ Adult 4

Adult Program:

_____ Adult 1
 _____ Adult 2
 _____ Adult 3
 _____ Adult 4

Competitive Test Track

Compulsory Program: _____
 _____ Ltd. Beginner
 _____ Beginner
FreeSkate Program: _____
 _____ Ltd. Beginner
 _____ Beginner

ENTRY FEES DUE:

ENTRY FEE IS \$30.00 PER EVENT

No of events entering _____ X \$30= _____
 Basic Skills Practice Ice Session Limit One at \$9 _____
 \$10 Fee if not current US Figure Skating Basic Skills Member* _____
 Program Advertising Fees (Attach form) _____
 Competition Souvenirs (Attach order form) _____
 Late Fee of \$25 if mailed after February 7th, 2009 _____

TOTAL FEES ENCLOSED

*Make checks payable to TGCFCSC. Mail this entry form and all fees due, before February 7th, 2009 to avoid any late fees. . Entries **must be postmarked by this date. Metered mail does not count as a postmark. After this date please include late fee. *Competitors who are not full members of US Figure Skating or the Basic Skills program must submit \$10 for the remainder of the 2008 season and complete the Basic Skills Program application form below to be forwarded to US Figure Skating. See attached membership form for more information.. Send to: TGCFCSC, Skate Houston 2009, PO Box 17273, Sugar Land, TX 77496-7273***

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELLED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that:

The undersigned approves of the entry and agrees that US Figure Skating and the clubs or organizers of competition undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any all claims which they may have against any official, US Figure Skating, Texas Gulf Coast figure Skating Club TGCFCSC and its officers, and the Sugar Land Ice and Sports Center and their entries shall be accepted only on such condition.

Parent/Guardian Signature _____ Date _____

Instructor/ Coach Signature _____ Date _____

Program Director/Club Officer _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

TEXAS GULF COAST FIGURE SKATING CLUB - SKATE HOUSTON 2009

SPECIAL OLYMPIAN COMPETITION

ENTRY FORM

Name: _____ Age: _____ Sex: _____ Birth date: ____/____/____
Last First

Address: _____ City: _____ State: _____ Zip: _____

Area Code/Phone # _____ E-mail Address _____

U.S. Figure Skating Number _____ Home Club _____

Program Affiliation _____ Current Skating Level _____

Last U.S. Figure Skating Level Passed _____

Coach's name/ Phone # _____ Coach's E-mail _____

Highest test passed: Freeskate ___ MIF ___ Pairs ___ Dance ___ Basic Skills ___ ISI ___ Special Olympian ___

Please check and circle the events you are entering. Please read carefully the eligibility requirements in announcement.

Compulsory Moves:

(Check one only)

- _____ Level 1
- _____ Level 2
- _____ Level 3
- _____ Level 4
- _____ Level 5

Freeskate Program:

(Check one only)

- _____ Level 1
- _____ Level 2
- _____ Level 3
- _____ Level 4
- _____ Level 5

Artistic:

(Check one only)

- _____ Level 1
- _____ Level 2
- _____ Level 3
- _____ Level 4
- _____ Level 5
- _____ Pairs

Solo Dance

(Check one only)

- _____ Level 1
- _____ Level 2
- _____ Level 3
- _____ Level 4

Practice Ice:

- _____ Special Olympian
- _____ Practice Ice Session

ENTRY FEE IS \$30.00 PER EVENT

No of events entering _____ X \$30 _____
 Special Olympian Practice Ice Limit One @ \$9 _____
 \$10 Fee if not current US Figure Skating Basic Skills Member* _____
 Competition Souvenirs (Attach order form) _____
 Program Advertising Fees (Attach order form) _____
 Late entry fee if mailed after February 7th, 2009 _____

TOTAL FEES DUE \$ _____

Make checks payable to TGCFCSC. Mail this entry form and all fees due before February 7th, 2009 to avoid any late fees. Entries must be postmarked by this date. Metered mail does not count as a postmark. After this date please include late fee. Competitors who are not full members of US Figure Skating or the Basic Skills program must submit \$10 for the remainder of the 2008 season and complete the Basic Skills Program application form below to be forwarded to US Figure Skating. See attached membership form for more information.
 Send to:

TGCFCSC, Skate Houston 2009, PO Box 17273, Sugar Land, TX 77496-7273

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELLED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that:

The undersigned approves of the entry and agrees that US Figure Skating and the clubs or organizers of competition undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any all claims which they may have against any official, US Figure Skating, Texas Gulf Coast figure Skating Club TGCFCSC and its officers, and the Sugar Land Ice and Sports Center and their entries shall be accepted only on such condition.

Parent/Guardian Signature _____ Date _____

Instructor/ Coach Signature _____ Date _____

Program Director/Club Officer _____ Date _____

COMPETITOR SIGNATURE _____ Date _____



Texas Gulf Coast Figure Skating Club U.S. Figure Skating Basic Skills Registration Form

Learn the FUN-damentals of Figure Skating! Basic Skills competitions are open to all skaters who have not passed the Pre-Preliminary Moves in the Field U.S. Figure Skating test. Membership is \$10 for the remainder of 2008 season (now through June, 2009) or join through June, 2010 for \$25 (annual dues for July 1, 2009 – June 30, 2010 is \$20).

You'll receive all these great goodies:

- Official Basic Skills membership card
- Basic Skills Record Book with stickers
- Official Basic Skills member patch
- Year patch
- Sports accident insurance coverage
- General information about ice skating

Name _____

Address _____

City/State/Zip _____

Telephone _____

E-mail _____

Previous Membership # _____

Date of Birth _____

Gender (M or F) _____

Coach _____

Primary Rink(s) _____

Mail application and fee to:

Texas Gulf Coast Figure Skating Club
P.O. Box 17273
Sugar Land, Texas 77496-7273
<http://www.tgcfsc.org>

TEXAS GULF COAST SKATE HOUSTON 2009

**COMPETITION PROGRAM ADVERTISING FORM
Business Ads, Special Ads, and Pre-Designed Personal Ads**

NAME: _____ TELEPHONE NUMBER: (____) _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

TYPE	MAXIMUM SIZE (Width x Height in Inches)	RATE	CHECK AD(S) DESIRED
<u>Business / Special Ads</u>			
Full Page	(8.5 x 11.00)	\$100.00	_____
Half Page	(8.5 x 5.50)	\$75.00	_____
Quarter Page	(4.25 x 5.5)	\$50.00	_____
Business Card	(2.75 x 2.00)	\$25.00	_____
Inside Front Cover	(8.5 x 11.00)	\$150.00	_____
Inside Back Cover	(8.5 x 11.00)	\$150.00	_____
Outside Back Cover (6 colors)	(8.5 x 11.00)	\$200.00	_____

Pre-Designed Ads (Ad will be business card size – enter desired comments below)

List Text _____ \$15.00 _____

TOTAL ADVERTISING COST..... \$

Business and Special advertising rates are based upon camera-ready copy (black on white) and the exact size and shape of the ad. Ads that must be reduced or enlarged must include an additional \$15.00 fee. All photographs must be black and white glossies; no negatives will be accepted. **THE DEADLINE FOR ALL ADS IS FEBRUARY 28, 2009.**

Enter Total Advertising Fees on Competition Entry Form and submit this order form with your entry.